

Volunteer risk assessment form

| A. ACTIVITY/ PROCESS /OPERATION                          | Volunteer Role Risk Assessment for Adderbury Snow Wardens                |   |  |  |  |  |  |
|--|--|---|--|--|--|--|--|
| B. What are the Health & Safety Hazards?                 | C. Who might be harmed and how?  | D. What measures have been taken to reduce the risks?   |  |  |  |  |  |
| WALKING IN THE SNOW                                      | •  |   |  |  |  |  |  |
| Falling down<br>Loss of balance<br>Instability underfoot | Volunteer – slipping, stumbling, falling                                 | <ol> <li>Wear appropriate footwear</li> <li>Take a shorter stride than in normal conditions<br/>(shuffling)</li> <li>Take extra time when striding out – make sure the<br/>leading foot is firmly on the ground before raising the<br/>trailing foot</li> </ol> |  |  |  |  |  |
| USING SNOW SHOVEL  |  |   |  |  |  |  |  |
| Manual Handling  | Volunteer – back injury strain/ sprain, physical injury, loss of balance | <ol> <li>Warm up/stretch before going out</li> <li>Use correct technique</li> <li>Remember the snow shovel is designed to displace<br/>(move/push) the snow not to load up and lift</li> </ol>  |  |  |  |  |  |
| WORKING IN COLD CONDITIONS                               |  |   |  |  |  |  |  |
| Effects on the body                                      | Volunteer – non-freeze injury, freeze injury                             | <ol> <li>Wear suitable clothing</li> <li>Avoid excess sweating</li> <li>Regulate your workload activity – take rest periods</li> <li>Avoid alcohol &amp; caffeine</li> <li>If clothes become wet change into clean, dry clothes</li> </ol>                      |  |  |  |  |  |
| CLEARING SNOW IN SUN                                     |  |   |  |  |  |  |  |

## 'Confidentiality status: PROTECT'

| Effect on eyes  | Volunteer – sun glare can temporarily affect vision | <ol> <li>Wear UV glasses</li> <li>Work in short spells</li> </ol>                       |       |                 |          |               |          |  |  |
|---|---|---|-------|-----------------|----------|---------------|----------|--|--|
| WORKING HOURS   |   |   |       |                 |          |               |          |  |  |
| Working in dark – being injured by a passing vehicle                                    | Volunteer – may not be seen as easily as in the day | <ol> <li>Wear Hi Viz Jacket</li> <li>Only work during daylight hours</li> </ol>         |       |                 |          |               |          |  |  |
| LONE WORKING  | •   |   |       |                 |          |               |          |  |  |
| No immediate help in the event of an accident   | Volunteer   | <ol> <li>ALWAYS tell someone you are going out</li> <li>Carry a mobile phone</li> </ol> |       |                 |          |               |          |  |  |
| Outline below any emergency plan relating to your Risk Assessment above (if applicable) |   |   |       |                 |          |               |          |  |  |
|   |   |   |       |                 |          |               |          |  |  |
| Have all the risks been reduced to an acceptable operational level?                     |   |   | s     | Х               | No       |               |          |  |  |
| Please list any Personal Protective Equipment required for this role:                   |   | Hi Vis  | vest, | , suitable glov | es, warm | hat, suitable | footwear |  |  |

| Name of supervisor<br>completing<br>assessment  | Laura Walker | Job<br>Title | Councillor (Adderbury Parish Council) | 29 <sup>th</sup> Jan 2021 |  |  |  |  |
|---|--------------|--------------|---------------------------------------|---------------------------|--|--|--|--|
| Volunteer declaration:<br>I agree that I have had the Health and Safety risks detailed in this form explained to me by my supervisor, and I understand I share responsibility for<br>following the measures detailed in column D to reduce these risks. |              |              |                                       |                           |  |  |  |  |
| Volunteer's signature   |              | Role         |                                       | Date                      |  |  |  |  |